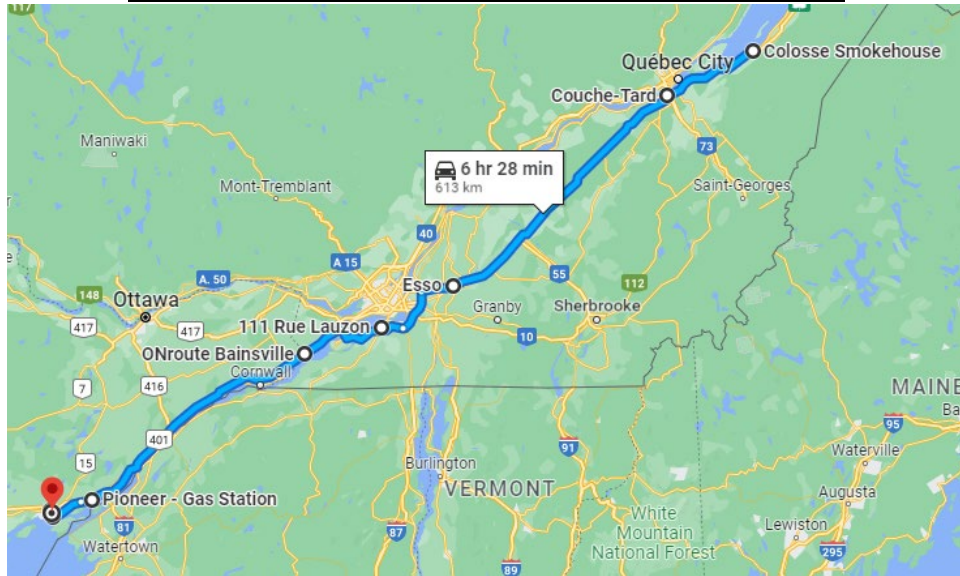




The Rolling Barrage

Coast to Coast Ride To Combat PTSD

Day 08 (Tue, 08 Aug 2023) – Montmagny QC – Kingston ON



Go to Google Maps; <https://goo.gl/maps/36Q4YdsDJz3K48Nu6>

Daily Stops		
• Check-In	Colosse Smokehouse , 222 Chem. des Poirier, Montmagny, QC G5V 3X8	
A. Depart	Colosse Smokehouse , 222 Chem. des Poirier, Montmagny, QC G5V 3X8	
B. Rest Stop	Resto Normandin St- Nicolas , Lévis QC	
C. Fuel	Esso , Sainte-Madeleine Quebec	
D. Fuel/Lunch/Check-In	Chateauguay Community Church , Châteauguay QC	
E. Fuel	ONroute Bainsville , Bainsville, ON	
F. Fuel/Check-In	Pioneer - Gas Station, Gananoque, ON	
G. Final	Holiday Inn Express & Suites Kingston Central , Kingston ON	
• Host Hotel	Holiday Inn Express & Suites Kingston Central , Kingston ON	
• Dinner	Royal Canadian Legion Branch 560 , Kingston, ON	
Contacts		
Main Point of Contact	Jacques Boucher (QC Lead)	QC@therollingbarrage.com
Sunray	Jim Gordon	COO@therollingbarrage.com
Sunray Minor	Warren Cave	Riding.Groups@therollingbarrage.com



The Rolling Barrage

Coast to Coast Ride To Combat PTSD

Day 08 (Tue, 08 Aug 2023) – Montmagny QC – Kingston ON

Detailed Itinerary – Red Denotes Check-In Points						
ENSURE FUEL IS TOPPED UP FOR NEXT MORNING						
Please arrive one hour prior to departure time to Check-In						
Depart	Time	Arrive	Time	Stop Type	Stop Time	KMS
Montmagny Colosse Smokehouse , 222 Chem. des Poirier, Montmagny, QC G5V 3X8	Check-In Starts at 0600			MARSHALL AREA		
Colosse Smokehouse, 222 Chem. des Poirier, Montmagny, QC G5V 3X8	0700	Resto Normandin St- Nicolas 1505 Rte des Rivières, Lévis, QC G7A 2N9	0745	Rest/Fuel	45 mins	67 km
Resto Normandin, St- Nicolas 1505 Rte des Rivières, Lévis, QC G7A 2N9	0830	Esso , 5 Rang St.-Simon, Sainte-Madeleine, Quebec J0H 1S0	1030	Fuel	45 mins	193 km
Esso, 5 Rang St.-Simon, Sainte-Madeleine, Quebec J0H 1S0	1115	Chateaugay Chateaugay Community Church 111 Rue Lauzon, Châteaugay, QC J6K 1C7	1200	Lunch Check-In	60 min	72 km
Chateaugay Community Church 111 Rue Lauzon, Châteaugay, QC J6K 1C7	1300	ONroute Bainsville , 22064 N Service Rd, Bainsville, ON K0C 1E0	1345	Fuel	30 min	64 km
ONroute Bainsville, 22064 N Service Rd, Bainsville, ON K0C 1E0	1415	Gananoque Pioneer - Gas Station, 560 King St E, Gananoque, ON K7G 1H2	1600	Fuel/ Check-In	45 min	180 km
Pioneer - Gas Station, 560 King St E, Gananoque, ON K7G 1H2	1645	Holiday Inn Express & Suites Kingston Central , an IHG Hotel, 11 Benson St, Kingston, ON K7K 5W2	1715	Final		34 km
Hotel:		Holiday Inn Express & Suites Kingston Central , an IHG Hotel, 11 Benson St, Kingston, ON K7K 5W2				
Dinner:		Royal Canadian Legion Branch 560 , 734 Montreal St, Kingston, ON K7K 3J4		Shuttles From Hotel Start at:		

TOTAL DAILY KM: 612
TOTAL KM TRAVELED: 3818

Special Notes: