

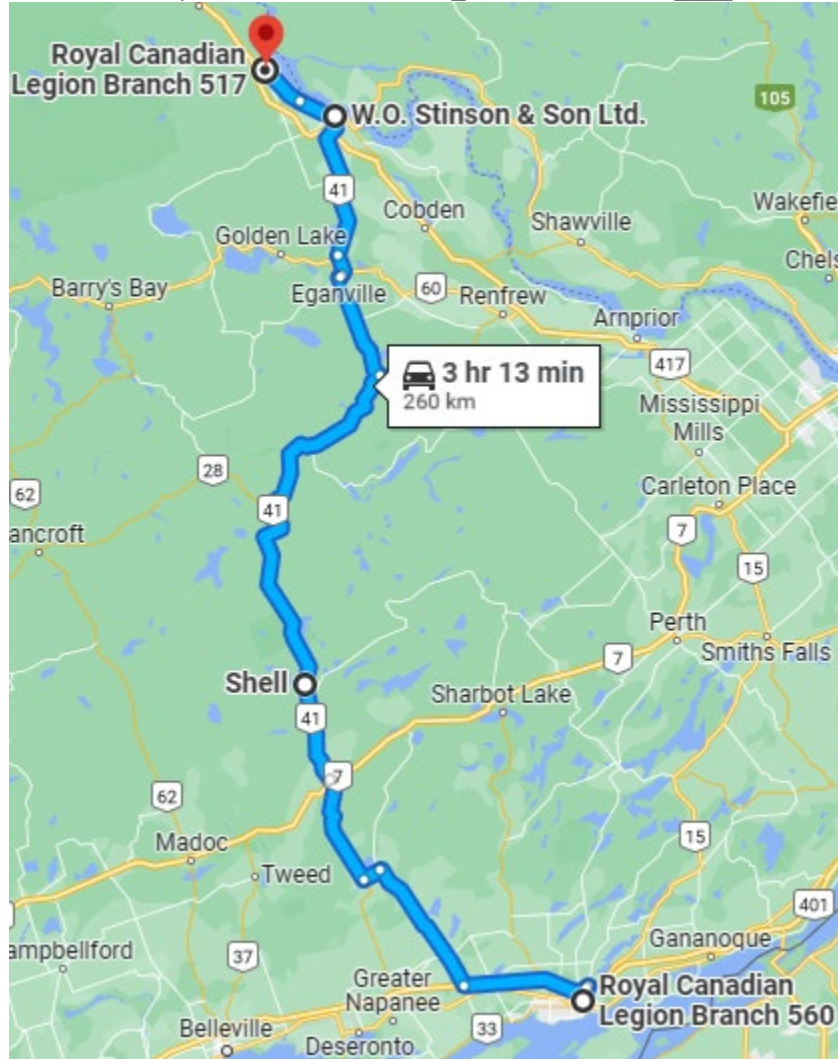


The Rolling Barrage

Coast to Coast Ride To Combat PTSD

(Wednesday August 9, 2023) – Kingston to Petawawa ON

Today's ride is dedicated to Derrick Mclachen.



Go to Google Maps [RCL 560 Kingston to RCL Petawawa](#)

Daily Stops	
• Registration	Royal Canadian Legion Branch 560, 734 Montreal St, Kingston, ON K7K 3J4
A. Depart	Royal Canadian Legion Branch 560, 734 Montreal St, Kingston, ON K7K 3J4
B. Fuel Stop	Shell , 14265 Hwy 41, Cloyne, ON K0H 1K0
C. Fuel stop	Stinson Fuels 294 MaKay St, Pembroke, ON K8A 1C5
D. Event/supper	3583 Petawawa Blvd, Petawawa, ON K8H 2Y1
E. Stop /event	Royal Canadian Legion Branch 517, 3583 Petawawa Blvd, Petawawa, ON K8H 2Y1



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F. Hotel		Quality Inn & Suites , 3119-B Petawawa Blvd, Petawawa, ON K8H 1X9				
Contacts						
Main Point of Contact	Pat Alden (ON Team Lead)	613-371-3414	ON@therollingbarrage.com			
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Main Point of Contact	Pat Alden	613-371-3414 (on@therollingbarrage.com)				
Road Captain	Jim Gordon	403-846-5207(COO@therollingbarrage.com)				
Road 2 I/C	Warren Cave	780-990-7935(riding.groups@therollingbarrage.com)				
Detailed Itinerary – (Red Text Denotes Registration Points)						
Depart	Time	Arrive	Time	Stop Type	Stop Time	KMS
Breakfast at the hotels	0700	Breakfast at the hotels	1000	meal		
Registration Royal Canadian Legion Branch 560, 734 Montreal St, Kingston, ON K7K 3J4	1000		1100	Registration	60 min	0
City event Light snack Breakfast at the legion	1000	Light snack Breakfast at the legion	1100		60 min	0
Safety Briefing	1100		1115		15 min	0
Royal Canadian Legion Branch 560, 734 Montreal St, Kingston, ON K7K 3J4	1115	Shell , 14265 Hwy 41, Cloyne, ON K0H 1K0	1230	Fuel Stop	30 min	102 kms
Shell , 14265 Hwy 41, Cloyne, ON K0H 1K0	1300	W.O. Stinson Fuel 294 MacKay St, Pembroke, K8A 1C5	1430	Fuel stop[30 min	134 km
W.O. Stinson fuel 294 MacKay St, Pembroke, K8A 1C5	1500	Royal Canadian Legion Branch 517, 3583 Petawawa Blvd, Petawawa, ON K8H 2Y1	1545	Welcome by base leadership	20 min	25 km
Royal Canadian Legion Branch 517, 3583 Petawawa Blvd, Petawawa, ON K8H 2Y1	1630	Quality Inn & Suites , 3119-B Petawawa Blvd, Petawawa, ON K8H 1X9	1634	Hotel	4 min	2.4 kms
Hotel		Quality Inn & Suites , 3119-B Petawawa Blvd, Petawawa, ON K8H 1X9				
Dinner –Royal Canadian Legion	1800		2200	Dinner	4 hrs	0



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Special Notes:

For the arrival in Kingston 8 August

- Kingston police will be meeting us at the fuel stop in Gananoque and escort us to the hotels.
- The route in will be up Hwy 15 then cross the new bridge into Kingston
- With Jason(fire) and Shaun asking we are trying to get a ladder and flags as this will look really good for the drone to take pictures (Shaun has set it up)
- 1745 to 1745 shuttles will run from the hotels to the Legion
- Ready for 1800-1815 Hrs we have a Town Cryer. The mayor will not be there now as a special council meeting is happening. We have the base commander and BCWO present to be named. I would also like to add the board members who are there also named by the Town Cryer.
- The meal will be free for Military and RCMP and families. We suggested all pay the \$20 then the donation by the legion will be bigger.
- Shaun has sourced several items to be raffled off, the proceeds donated to The Rolling Barrage
- There are 2 Bands that will play for no cost to TRB
- Shuttles will return riders to the hotels from 2200-2359Hrs
- Cana Connect will have 12-15 of their people at the legion for the nights events.
- Day 9 is in the middle of the ride, so Shaun and I have talked about making it a relaxing day with a very picturesque ride.

Departure from Kingston

- We have 3 hotels in Kingston. 2 of the 3 have breakfast. The owners of the chain will give people staying at the no breakfast hotel a voucher for breakfast at one that does.
- Cana Connect has been contacted and will still do the coffee and bagels at the Legion.
- The route out of Kingston has been approved and supported by Kingston Police for a safe exit from the City
- The Cloyne gas stop has 6 pumps, there are not a lot of big stations in that area of Ontario, big tanks should be OK 234km to the fuel stop in Pembroke
- I picked up the fuel cards from W.O. Stinson for \$500
- The legion will have a supper \$10 per person. 2 bands lined up.. to and from the hotel can be by taxi as no shuttles avail.