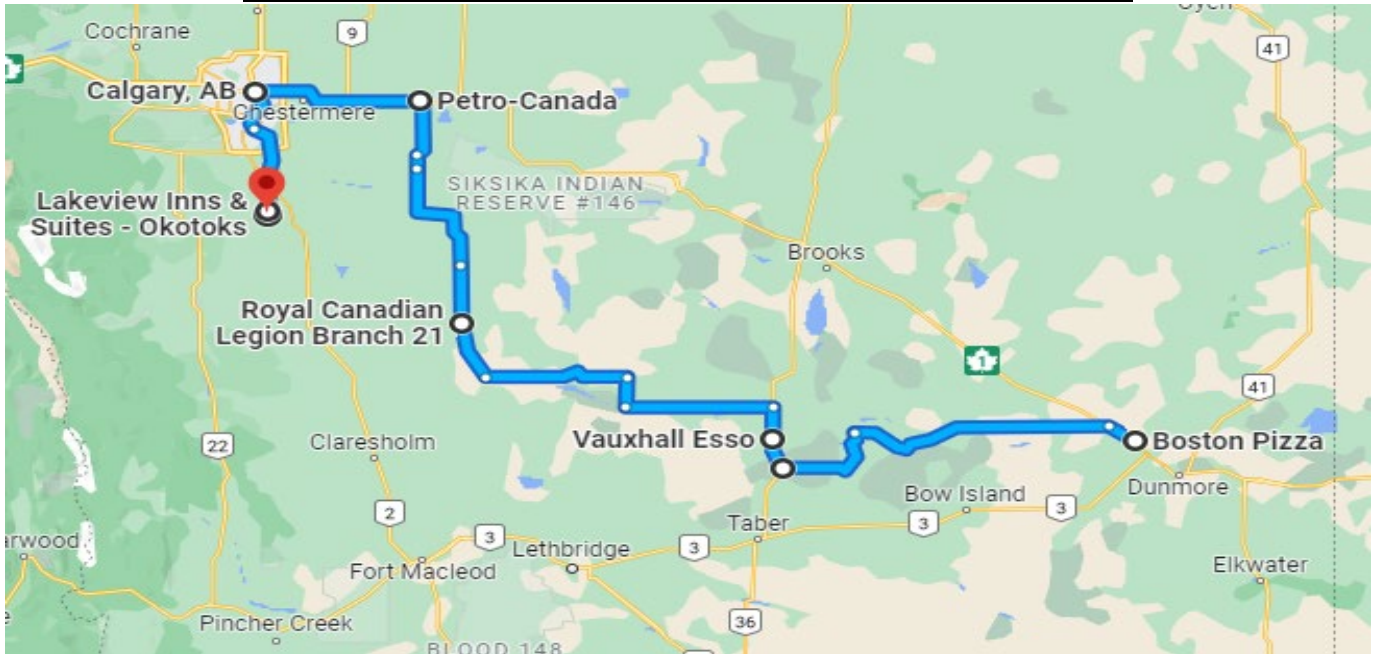




The Rolling Barrage

Coast to Coast Ride To Combat PTSD

Day 16 (Wednesday, August 16, 2023) – Medicine Hat, AB to Okotoks, AB



Go to Google Maps: <https://goo.gl/maps/vwHUyUCbyH2bqSqY7>

Daily Stops		
• Check-In	Boston Pizza , Medicine Hat, AB	
A. Depart	Boston Pizza , Medicine Hat, AB	
B. REST/Fuel	Esso Vauxhall, Vauxhall, AB	
C. Lunch/Fuel/Check-In	Royal Canadian Legion Br 21 , Vulcan, AB	
Fuel During Lunch and Return to Legion		
D. Fuel/Meet CPS/Check-In	Petro-Canada , Strathmore, AB	
• Host Hotel	Lakeview Inn and Suites , Okotoks, AB	
• Dinner	The George Traditional House , Okotoks, AB	
Contacts		
Main Point of Contact	Carola Singer (AB Team Lead)	AB@therollingbarrage.com
Sunray	Jim Gordon	COO@therollingbarrage.com
Sunray Minor	Warren Cave	Riding.Groups@therollingbarrage.com



The Rolling Barrage

Coast to Coast Ride To Combat PTSD

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Detailed Itinerary – Red Denotes Check-In Points						
ENSURE FUEL IS TOPPED UP FOR NEXT MORNING						
Please arrive one hour prior to departure time to Check-In						
Depart	Time	Arrive	Time	Stop Type	Stop Time	KMS
Medicine Hat Boston Pizza , 2500 Box Springs Blvd NW, Medicine Hat, AB T1C 0C8	Check-In Starts at 0800			MARSHALL AREA IN FRONT PARKING LOT		
Boston Pizza, 2500 Box Springs Blvd NW, Medicine Hat, AB T1C 0C8	0930	Vauxhall Esso 409 1 St N, Vauxhall, AB TOK 2N0	1045	Rest/Fuel	45 min	129 km
Vauxhall Esso 409 1 St N, Vauxhall, AB TOK 2N0	1130	Vulcan Royal Canadian Legion Br 21 , 240 Sinclair Rd, Vulcan, AB T0L 2B0	1245	Lunch/Fuel Check-In	90 min	118 km
Fuel During Lunch and Return to Legion						
Royal Canadian Legion Br 21, 240 Sinclair Rd, Vulcan, AB T0L 2B0	1415	Petro-Canada , 604 Westmount Rd, Strathmore, AB T1P 1W8	1500	Fuel/Meet With CPS Check-In	45 min	83 km
Petro-Canada, 604 Westmount Rd, Strathmore, AB T1P 1W8	1545	Lakeview Inn and Suites 22 Southridge Drive Okotoks, Alberta	1700	Final		91 km
Hotel:		Lakeview Inn and Suites 22 Southridge Drive Okotoks, Alberta				
Dinner:	1830	Dinner and Beer Garden The George Traditional House #101 31 Southridge Drive, Okotoks, Alberta				

TOTAL DAILY KM: 421
 TOTAL KM TRAVELED: 8206

Special Notes:

Lunch and Dinner by donation for riders