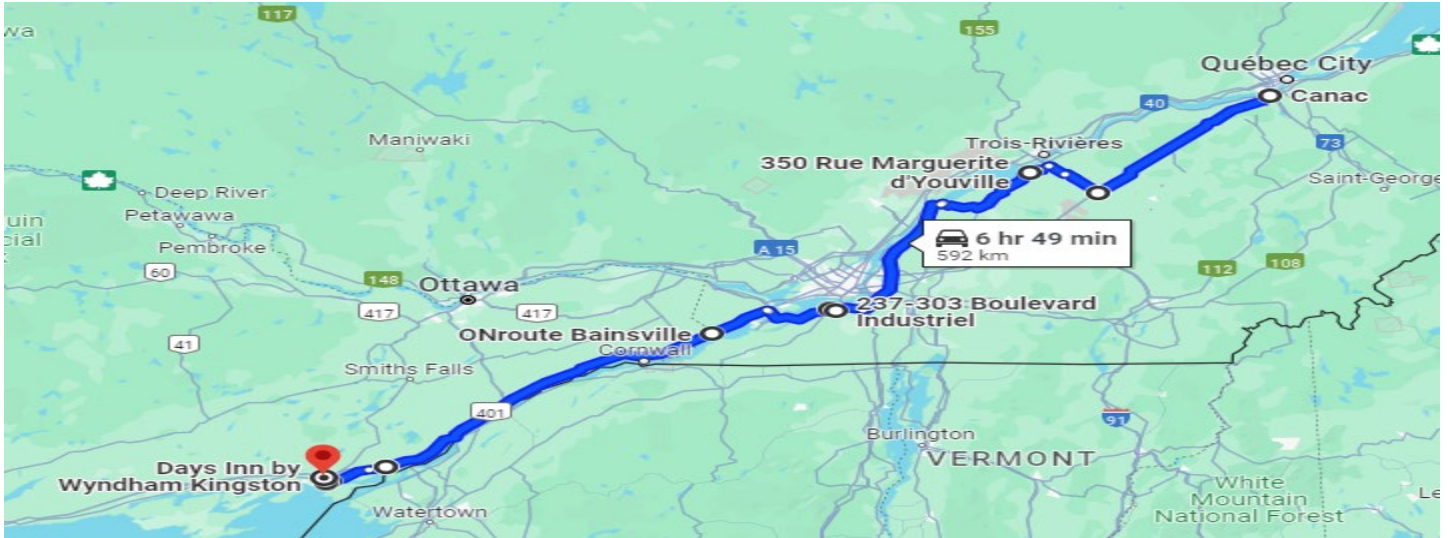




The Rolling Barrage








Coast to Coast Ride To Combat PTSD

Day 08 (Sun 04 Aug 2024) Levis QC – Kingston ON



Go to Google Maps: <https://maps.app.goo.gl/pqubdujqDQfn7Tqn7>

Daily Stops		
Merch Truck	Merch Truck Will Be at Address Below, Prior to TRB for Sales and Check-In	
• Check In	Canac , Saint-Nicolas, Quebec G7A 2N9	
A. Depart	Canac , Saint-Nicolas, Quebec G7A 2N9	
B. Fuel/Rest	Ultramar - Gas Station , Sainte-Eulalie, Quebec G0Z 1E0	
C. Marshall Point	Transport JGRS Boudreault , Sainte-Eulalie, QC G0Z 1E0	
Merch Truck	Merch Truck Will Be at Address Below, Prior to TRB for Sales and Check-In	
D. Monument/Check-In	École nationale de police du Québec , Nicolet, QC J3T 1X4	
Merch Truck	Merch Truck Will Be at Address Below, Prior to TRB for Sales and Check-In	
E. Lunch/Fuel on Own/Check-In	Chateauguay Community Church , Châteauguay, QC J6K 1C7	
Merch Truck	Merch Truck Will Be at Address Below, Prior to TRB for Sales and Check-In	
F. Fuel/Check-In	ONroute , Bainsville, Bainsville, ON K0C 1E0	
G. Fuel	Canadian Tire Gas+ , Gananoque, ON K7G 1H4	
Merch Truck	Merch Truck Will Be at Address Below, Prior to TRB for Sales and Check-In	
H. Marshall after Fuel/Check-In	550 Talbot Pl , Gananoque, ON K7G 3C6	
I. Meet Mayor/Town Crier	Kingston City Hall , Kingston, ON K7L 2Z3	
• Host Hotel	Days Inn by Wyndham Kingston , Kingston, ON K7K 6W2	
• Dinner	Royal Canadian Legion Branch 560 , Kingston, ON K7K 3J4	
Contacts		
Main Point of Contact	François Couture/Michelle Croteau (QC Leads)	QC@therollingbarrage.com
Sunray	Jim Gordon	Ride.Director@therollingbarrage.com

Detailed Itinerary – Red Denotes Check-In Points							
ENSURE FUEL IS TOPPED UP FOR NEXT MORNING							
Please arrive one hour prior to departure time to Check-In							
Location of TRB Merch Truck for Sales and Registration Look for this Symbol 							
Depart	Time	Arrive	Time	Stop Type	Stop Time	KMS	mi
Saint-Nicolas, Lévis Canac , 1450 Rte des Rivières, Saint-Nicolas, Quebec G7A 2N9	Check-In Starts at 06:00	Marshall Area Parking Lot					
Canac, 1450 Rte des Rivières, Saint-Nicolas, Quebec G7A 2N9	07:00	Ultramar - Gas Station , 320 Rue Aubry, Sainte-Eulalie, Quebec G0Z 1E0	08:00	Fuel Rest	45 min	102 km	63 mi
Ultramar - Gas Station, 320 Rue Aubry, Sainte-Eulalie, Quebec G0Z 1E0		Transport JGRS Boudreault 323 Rue Aubry, Sainte- Eulalie, QC G0Z 1E0		Marshall		150 m	164 yd
Transport JGRS Boudreault 323 Rue Aubry, Sainte- Eulalie, QC G0Z 1E0	08:45	Nicolet École nationale de police du Québec , 350 Rue Marguerite d'Youville, Nicolet, QC J3T 1X4	09:30	Memorial Check-In 	45 min	42 km	26 mi
École nationale de police du Québec, 350 Rue Marguerite d'Youville, Nicolet, QC J3T 1X4	10:15	Châteauguay Chateauguay Community Church , 111 Rue Lauzon, Châteauguay, QC J6K 1C7	12:30	Lunch/Fuel on Own/ Check-In 	60 min	167 km	104 mi
Chateauguay Community Church, 111 Rue Lauzon, Châteauguay, QC J6K 1C7	13:30	Bainsville OnRoute , 22064 N Service Rd, Bainsville, ON K0C 1E0	14:15	Small Tanks Fuel Check-In 	15 min	64 km	40 mi
OnRoute, 22064 N Service Rd, Bainsville, ON K0C 1E0	14 :30	Canadian Tire Gas+ , 703 King St E, Gananoque, ON K7G 1H4	16:15	Fuel	45 min	180 km	112 mi
Canadian Tire Gas+, 703 King St E, Gananoque, ON K7G 1H4		550 Talbot Pl , Gananoque, ON K7G 3C6		Marshall Check-In 		400 m	437 yd
550 Talbot Pl, Gananoque, ON K7G 3C6	17:00	Kingston City Hall , 216 Ontario St, Kingston, ON K7L 2Z3	17:30	Meet Mayor/Town Crier	45 min	35 km	22 mi
Kingston City Hall, 216 Ontario St, Kingston, ON K7L 2Z3	18:15	Days Inn by Wyndham Kingston , 1 First Canada Ave, Kingston, ON K7K 6W2	18:30	Final		5 km	
HOST HOTEL		Days Inn by Wyndham Kingston, 1 First Canada Ave, Kingston, ON K7K 6W2					
DINNER		Royal Canadian Legion Branch 560 , 734 Montreal St, Kingston, ON K7K 3J4			Shuttle Starts at;		

TOTAL DAILY KM: 586 TOTAL DAILY MILES: 364
TOTAL RIDE KM: 3546 TOTAL RIDE MILES: 2200

Special Notes:



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