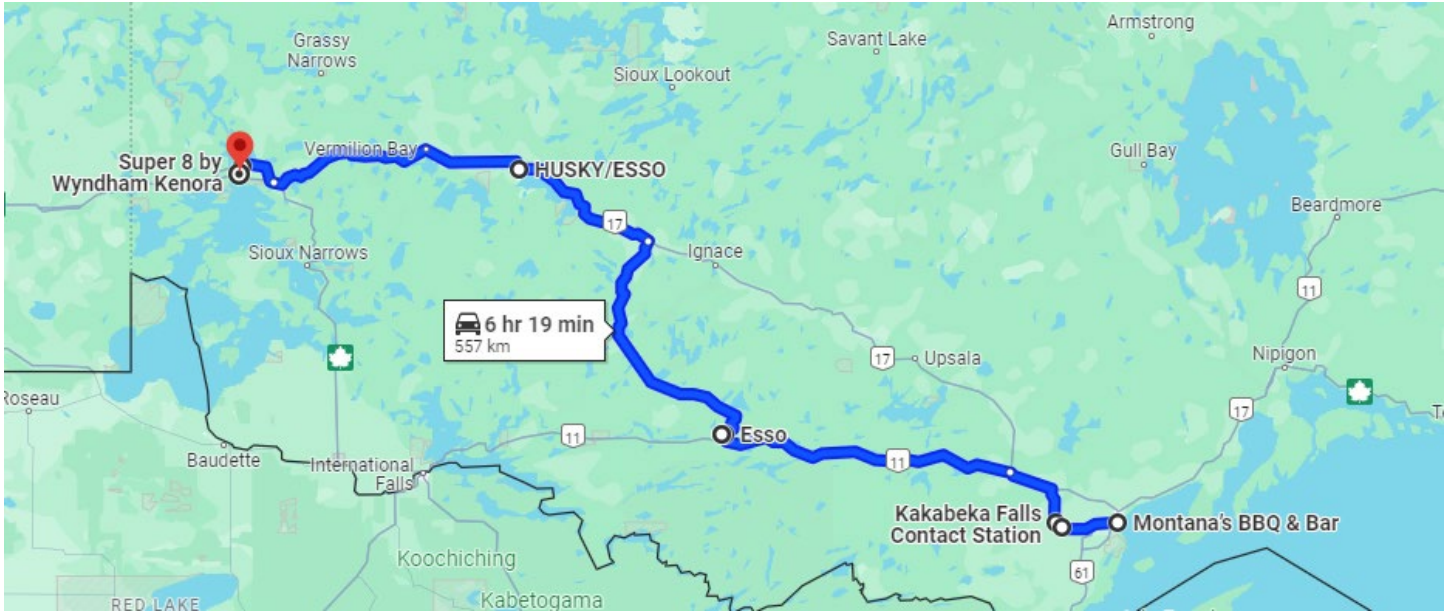




# The Rolling Barrage






## Coast to Coast Ride To Combat PTSD

**Day 12 (Thurs 08 Aug 2024) Thunder Bay ON – Kenora ON**



Go to Google Maps: <https://maps.app.goo.gl/kKYmqFFwBVkt8msV6>

Daily Stops	
<b>Merch Truck</b>	<b>Merch Truck Will Be at Address Below, Prior to TRB for Sales and Check-In</b>
• <b>Check In</b>	<a href="#">Montana's BBQ &amp; Bar, Thunder Bay, ON P7B 6Z8</a>
<b>A. Depart</b>	<a href="#">Montana's BBQ &amp; Bar, Thunder Bay, ON P7B 6Z8</a>
<b>Merch Truck</b>	<b>Merch Truck Will Be at Address Below, Prior to TRB for Sales and Check-In</b>
<b>B. Breakfast??</b>	<a href="#">Royal Canadian Legion Branch 225, Kakabeka Falls, ON P0T 1W0</a>
<b>Merch Truck</b>	<b>Merch Truck Will Be at Address Below, Prior to TRB for Sales</b>
<b>C. Photo</b>	<a href="#">Kakabeka Falls Contact Station, ON P0T 1W0</a>
<b>TIME ZONE CHANGE AFTER 1 HR BACK</b>	
<b>D. Fuel</b>	<a href="#">Esso, Atikokan, ON P0T 1C0</a>
<b>Merch Truck</b>	<b>Merch Truck Will Be at Address Below, Prior to TRB for Sales and Check-In</b>
<b>E. Lunch ??/Check In</b>	<a href="#">Royal Canadian Legion Branch 145, Atikokan, ON P0T 1C0</a>
<b>F. Fuel</b>	<a href="#">HUSKY/ESSO, Dryden, ON P8N 2P4</a>
• <b>Host Hotel</b>	<a href="#">Super 8 by Wyndham Kenora, Kenora, ON P9N 0H2</a>
• <b>Dinner</b>	On Your Own; <a href="#">Casey's</a>
Contacts	
<b>Main Point of Contact</b>	
Sunray	<a href="#">Jim Gordon</a> <a href="mailto:Ride.Director@therollingbarrage.com">Ride.Director@therollingbarrage.com</a>

Detailed Itinerary – Red Denotes Check-In Points							
ENSURE FUEL IS TOPPED UP FOR NEXT MORNING							
Please arrive one hour prior to departure time to Check-In							
Location of TRB Merch Truck for Sales and Registration Look for this Symbol 							
Depart	Time	Arrive	Time	Stop Type	Stop Time	KMS	mi
<b>Thunder Bay</b> <a href="#">Montana's BBQ &amp; Bar</a> , 615 Sibley Dr, Thunder Bay, ON P7B 6Z8	<b>Check-In</b> Starts at 06:00						
Montana's BBQ & Bar, 615 Sibley Dr, Thunder Bay, ON P7B 6Z8	07:00	<b>Kakabeka Falls</b> <a href="#">Royal Canadian Legion Branch 225</a> , 4556 Trans-Canada Hwy, Kakabeka Falls, ON P0T 1W0	07:20	<b>Breakfast Check In</b> 	60 min	26.8 km	16.7 mi
Royal Canadian Legion Branch 225, 4556 Trans-Canada Hwy, Kakabeka Falls, ON P0T 1W0	08:30	<a href="#">Kakabeka Falls Contact Station</a> , Oliver Paipoonge, ON P0T 1W0	08:35	<b>Photo</b> 	45 min	3.1 km	1.9 mi
<b>TIME ZONE CHANGE AFTER 1 HR BACK</b>							
Kakabeka Falls Contact Station, Oliver Paipoonge, ON P0T 1W0	09:15	<a href="#">Esso</a> , 2 Mercury Ave, Atikokan, ON P0T 1C0	10:15	<b>Fuel/Make Your Own Way to Legion</b>		176 km	109 mi
<b>Modified Route to Legion for Lunch (Construction)</b> After fueling at Esso, continue West on MacKenzie to Burns St. Right on Burns St., Left into Ally (second entrance) Then Right behind the Legion to Paved parking lot.							
Esso, 2 Mercury Ave, Atikokan, ON P0T 1C0		<b>Atikokan</b> <a href="#">Royal Canadian Legion Branch 145</a> , 115 O'Brien St, Atikokan, ON P0T 1C0		<b>Lunch Check In</b> 	90 min	1.1 km	.7 mi
Royal Canadian Legion Branch 145, 115 O'Brien St, Atikokan, ON P0T 1C0	11:45	<a href="#">HUSKY/ESSO</a> , 379 Government St, Dryden, ON P8N 2P4	14:15	<b>Fuel</b>	30 min	204 km	126 mi
HUSKY/ESSO, 379 Government St, Dryden, ON P8N 2P4	14:45	<a href="#">Super 8 by Wyndham Kenora</a> , 240 Lakeview Dr, Kenora, ON P9N 0H2	16:15	<b>Final</b>		139 km	86.4 mi
<b>HOST HOTEL</b>		Super 8 by Wyndham Kenora, 240 Lakeview Dr, Kenora, ON P9N 0H2					
<b>DINNER</b>		On Your Own; <a href="#">Casey's</a>					

**TOTAL DAILY KM: 550    TOTAL DAILY MILES: 341**  
**TOTAL RIDE KM: 5781    TOTAL RIDE MILES: 3588**

**Special Notes:**